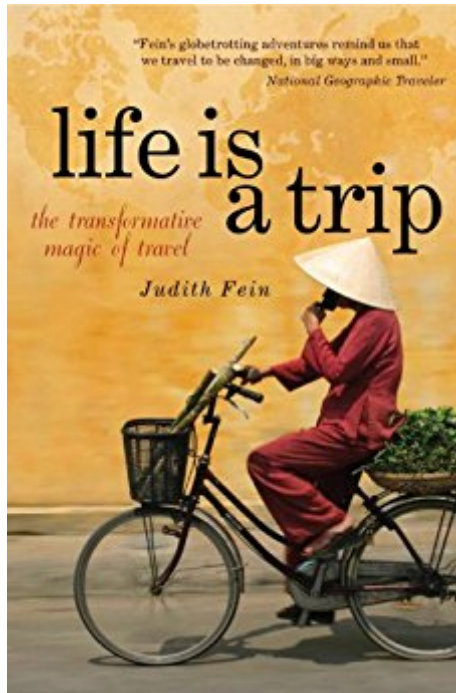




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# **Life Is A Trip: The Transformative Magic Of Travel**



## Synopsis

Collection of essays about travel that transforms you in spiritual ways.

## Book Information

File Size: 2605 KB

Print Length: 128 pages

Publisher: Spirituality and Health (August 1, 2010)

Publication Date: August 1, 2010

Language: English

ASIN: B004XVQ6NM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,045,899 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #19

inÂ Books > Travel > Australia & South Pacific > Micronesia #60 inÂ Books > Travel > Central

America > Guatemala #311 inÂ Books > Travel > Asia > Vietnam

## Customer Reviews

This book is a chronicle of Fein's travels and her reflections on what she sees and who she meets. It goes to show that travel really is transformative. Inspiring read!

Most stories are very interesting and informative. She gets a little carried away with her spirituality in some places.

A little too self-helpy for what I wanted, which was an armchair travel experience. Ms. Fein said in the introduction that she would address safe travel tips. I think she failed to meet that criteria, but you will have to judge.

I read this book a couple of months ago and it's taken me this long to try assimilate my thoughts, to figure out why it was so meaningful to me. Ms. Fein writes so effortlessly, and makes her unbelievable connections with humanity seem like commonplace events that happen to all of us

every day. But they don't to most of us, and that's why it's affected me so much. It made me long to experience some of those people, to travel to places and meet humanity as opposed to photograph statues; to find magic, inspiration, guidance, direction and vision on a trip, rather than a great place to eat, a fabulous fountain, an elegant palace. Ms. Fein seems to have a good helping of all of those traits herself, but this book is much less about her, than it is about the many inhabitants of a wonderful, fantastical world where every moment offers the possibility of personal transformation. And when I reluctantly closed the book for the last time (this reading), I realized that that world was accessible to me too. A beautiful book.

In *Life is a Trip*, Judith Fein has provided us a collection of travel stories that takes us beyond the particular locations, sights and sounds and even beyond Fein's personal point of view and allows us to journey with her into our own self discoveries. She engages the reader in such a way that she allows us to experience both the routines of travel and the excitement of new discoveries in a personal and unique way. She leads us into exceptional insights about the world and about ourselves. The book itself is a journey, not a lecture; it is an adventure, not a how-to book. However, the reader will certainly gain an increased understanding of how to travel the mysterious and exciting world waiting for us. The reader will gain knowledge about the places Fein visits, but she well makes her point that travel is much more than learning new facts or seeing new sights or eating new foods. She transforms routine encounters with people, landscapes, and culture into exceptional journeys of the spirit. She transforms even the most exotic worlds into increased self awareness and healing of mind, body and spirit.

super fun to read.

*Life is a Trip* is a small book with big thoughts. It's a compilation of fourteen essays that takes the reader to remote locales where Fein has traveled. Fein doesn't just travel, though. She immerses herself into the precious unknowns of exotic cultures. She's fearless and honest and funny and vulnerable and open and wise with a voice that resonates with great truths. Each page shines with Fein's illuminating perceptions. I plan to reread every single word of *Life is a Trip* because her insights are so rich with good stuff. Bravo!

I've just finished reading Judith Fein's book, *Life Is A Trip*, and find myself agreeing with most of the previous reviews. The book is intense, interesting, and presents a side of travel very different than

the surface version tourists usually see. Judith Fein is definitely a risk-taker, and some of her adventures are bound to resonate with most of us. I was particularly intrigued by her approach to Vietnam, having also been a student protester during the late 1960s and early 1970s. I haven't visited the country, but I imagine I would have the same feelings of guilt and trepidation if I did, and would probably be just as surprised to discover that the Vietnamese seem to have forgiven us. I was also interested in her story about visiting tombs in Israel, as this is something I can visualize myself doing when I finally visit the country. And her tale of being a "sorceress's apprentice" in Mexico was otherworldly and fascinating. I recommend this book for anyone who wants a glimpse of life beneath the surface in some of the world's most exotic cultures.

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